



Faculty Detail Performa



Name of Faculty

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|-------------|---------------------------|-------|
| Name | DR. SANDHYARANI HAWBAM | Photo |
| Designation | ASSISTANT PROFESSOR | |
| Department | PSYCHOLOGY | |
| Email | sandhyahawbam@dr.du.ac.in | |

Educational Qualification

| Degree | Institution | Year |
|---|--|------|
| PhD | Department of Psychology, University of Delhi | 2019 |
| Masters of Arts, Psychology | Department of Psychology, University of Delhi | 2011 |
| Bachelor of Arts, Applied Psychology | Sri Aurobindo College, University of Delhi | 2009 |

Full Time Research Experience

| Designation | Institute | Time period | Nature of Appointment |
|-------------|-----------|-------------|-----------------------|
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Full time Teaching Experience

| S.No | Designation | Institution | Time Period | Nature of Appointment |
|------|---------------------|--|--|-----------------------|
| 1. | Assistant Professor | Daulat Ram College, University of Delhi | 30 th December, 2017- Present | Permanent |
| 2. | Assistant Professor | Daulat Ram College, University of Delhi | 3rd January, 2013- 29 th December, 2017 | Ad-hoc |

Administrative Assignments

| Name of Institute | Designation | Status | Time period | Experience |
|-------------------|-------------|--------|-------------|------------|
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|-----|-------------------|--------------------------------|----------------------------------|--|
| DRC | Convenor | North-East Cell | 2018-19, 2019-20 & 2020-21 | |
| DRC | Co-convenor | Fine Arts Society | 2018-19 | |
| DRC | Co-convenor | Value Engagement Program | 2018-19, 2019-20 | |
| DRC | Member | Library Committee | 2018-19, 2019-20 | |
| DRC | Teacher In-charge | BA(H)Psycholog y Admission | 2018-19 | |

Areas of Interest in Teaching:

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| Cognitive Psychology, Developmental Psychology and Clinical Psychology |
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Subjects Taught

| S.No | Course | Subject Taught | Semester | Year |
|------|-------------------------|--|----------|------|
| 1. | B.A. Hons Psychology | Development of Psychological Thought | III | II |
| 2. | B.A. Hons Psychology | Developmental Psychology | V | III |
| 3. | B.A. Hons Psychology | Understanding and Dealing with Psychological Disorders | V | III |

Research Guidance

| Name of student | Gender | Degree for which guidance given | Date of Registration | Supervisor /Co-supervisor | University | Title of Thesis | Date of submission of thesis | Date of Award of Degree |
|-----------------|--------|---------------------------------|----------------------|---------------------------|------------|-----------------|------------------------------|-------------------------|
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Research Projects ongoing 2018-20

| S.No | Name of Research Project | Funding Agency | National/International | Duration (Start date and end date) | Amount Sanctioned | Amount Received |
|------|--------------------------|----------------|------------------------|------------------------------------|-------------------|-----------------|
| | | | | | | |

Research projects Completed 2018-20

| S.No | Name of Research Project | Funding Agency | National/International | Duration (Start date to end date) | Amount Sanctioned | Amount Received |
|------|--------------------------|----------------|------------------------|-----------------------------------|-------------------|-----------------|
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Publications:

Books

| S.No | Book Details (Authors, Book title, Year) | Publisher | Date of publishing (DDMMYY) | Authored/Edited | ISBN No |
|------|---|------------------------------------|-----------------------------|-----------------|-------------------|
| 1. | Dynamics of Social Inclusion in the Northeastern States of India (2022) | Sunmarg publisher and distributors | 2022 | Edited | 978-93-82606-12-3 |
| 2. | Cognitive Training for Children at Risk of Dyslexia (2022) | Sunmarg publisher and distributors | 2022 | Authored | 978-93-82606-46-8 |

Book Chapters/Articles

| S.No | Details (Authors, Book title, Article title, Year, page range of article) | Publisher | Date of Publication (DDMMYY) | Authored/Edited | ISBN No |
|------|---|------------------------------------|------------------------------|-----------------|-------------------|
| 1. | A Study of Cultural Intersection among the Northeastern Students Living in Delhi. Dynamics of Social Inclusion in the Northeastern States of India. | Sunmarg publisher and distributors | 2022 | Authored | 978-93-82606-12-3 |
| 2. | Forgiveness, Helping Attitude and Life satisfaction: Interrelationship, Age Difference and Gender Difference. <i>Applications of Psychology –</i> | First impression: January, 2018 | 2018 | Co-authored | 978-93-86724-38-0 |

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|--|---|--|--|--|--|
| | <i>Reaching Out and Making a Difference</i> | | | | |
|--|---|--|--|--|--|

Research Publications:

International

| S.No | Publication details (Authors, Title of article, Journal, Volume, Issue, Year, Page range of article, URL/DOI) | Date of Publication | Impact Factor | UGC Care List | Scopus Indexed | ISSN No |
|------|--|---------------------|---------------|---------------|----------------|-----------|
| 1 | Perceived Stress and Psychological Health of North Eastern Students in Delhi. International Journal of Research Culture Society. | 2022 | | | | 2456-6683 |
| 2 | Cognitive Benefits of Mindfulness Meditation among Adolescents. International Journal of Humanities and Social Science Invention, | 2021 | | | | 2319-7714 |
| 3 | Impostor Phenomenon: Gender Differences and Role of Family Environment. The International Journal Research Publication's Research Journal of Social Science & Management, 8(4), 1-8. | 2018 | | | | 2251-1571 |
| 4 | Working Memory Predicts Reading Skills of Children at Risk of Dyslexia. <i>International Journal of Indian Psychology, Vol. 4, (4)</i> , DIP:18.01.157/20170404, DOI:10.25215/0404.157 | 2017 | | | | 2349-3429 |
| 5 | Relation of Happiness and Coping Strategies among Adolescents and Adults. <i>Indian Journal Of Positive Psychology, 5(4)</i> , 448-450. doi:10.15614/ijpp/2014/v5i4/88512 | 2014 | | | | 2229-4937 |

National

| S.No | Publication details (Authors, Title of article, Journal, Volume, Issue, Year, Page range of article, URL/DOI) | Date of Publication | Impact Factor | UGC Care List | Scopus Indexed | ISSN No |
|------|---|---------------------|---------------|---------------|----------------|---------|
|------|---|---------------------|---------------|---------------|----------------|---------|

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|---|--|------|--|--|--|-----------|
| 1 | Critical Aspects of Attachment Style in Determining Empathy. International Journal of All Research Education and Scientific Methods. | 2022 | | | | 2455-6211 |
| 2 | Relationship Between Prosocialness, Affect, and Mental Wellbeing. Journal of Emerging Technologies and Innovative Research. | 2022 | | | | 2349-5162 |
| 3 | Body Image Affect Life Satisfaction among Young Females. International Journal of All Research Education and Scientific Methods. | 2021 | | | | 2455-6211 |
| 4 | Hawbam, S. (2014). Successful Ageing through the Eyes of Manipuri Elders. 5(5). 610–613. | 2014 | | | | 23213698 |

Conference Proceedings publication

| S.No | Details (Authors, Book title, Article title, Year, page range of article) | Date of Publication (DDMMYY) | Name of conference | Venue of conference | ISBN No |
|------|---|------------------------------|--------------------|---------------------|---------|
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Conference Attended and Paper presentation

| S.No | Type of Event | Name of Event | Venue of conference | Date of conference (Start date – End Date) | paper presented | No of papers presented |
|------|--------------------------|---|---|--|---|------------------------|
| 1. | National Seminar | Migration of youth from Northeast India to urban metro | Centre of Northeast India, Maharaja Agrasan College, Delhi University | 30-31 st July, 2019 | Acculturation and its effect on North Eastern students in Delhi | 1 |
| 2. | National Seminar | Psychology of National Integration | Dept of Applied Psychology, Delhi University | 21-22 nd August, 2019 | Acculturation Style and psychological health of Northeast students in Delhi | 1 |
| 3. | International Conference | Integrating traditional healing practices and with contemporary western | Dept of psychology, Daulat Ram College, Delhi University | 8-9 th January, 2019 | Facing the challenges and future ahead | 1 |
| 4. | International | Integrating traditional healing practices and with | Dept of psychology, Daulat Ram | 8-9 th January, 2019 | Cognitive Benefits of Mindful Meditation | 1 |

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|----|-------------------------------------|---|--|---|--|---|
| | Confere nce | contemporary western | College, Delhi University | | | |
| 5. | Internati onal Confere nce | Integrating traditional healing practices and with contemporary western | Dept of psychology, Daulat Ram College, Delhi University | 8-9 th January, 2019 | Meditation and its psychological implications: a metanalysis | 1 |
| 6. | National Confere nce | National Conference on Applications of Psychology Reaching out and Making a Difference | Department of Psychology, Daulat Ram College | 18-19 th January, 2018 | Forgiveness, Helping Attitude and Life satisfaction: Interrelationship , Age Difference and Gender Difference | 1 |
| 7. | Internati onal Confere nce | International Conference on Cognitive Behavioural Intervention- India 2017 | Indian association for Cognitive Behaviour Therapy (IACBT) | 6 th -8 th March, 2017 | Cognitive Intervention in Reading Skills for Children with Dyslexia | 1 |
| 8. | Internati onal Confere nce | International Conference on Cognitive Behavioural Intervention, AIIMS 2015 | All India Institute of Medical Sciences, New Delhi | 2 nd -3 rd March, 2015 | Cognitive Intervention for Children with Dyslexia: A Case Study | 1 |
| 9. | National Seminar | National Seminar on Social Change in Contemporary India: Psychological Dimensions and Social Response | Sri Aurobindo College (Eve), University of Delhi | 21 st -22 nd March, 2014 | Conception of Successful Ageing among the Elderly in Manipur | 1 |

Resource Person (Conference/seminar/ workshop/training programme/ educational trips)

| S.No | Type of Event | Name of Event | Venue | Date of Event (Start | State your role: | Duratio n of Activity | No of participant in the |
|------|------------------|------------------|-------|----------------------------|---------------------|-----------------------------|--------------------------------|
|------|------------------|------------------|-------|----------------------------|---------------------|-----------------------------|--------------------------------|

| | | | | Date- End Date) | Convener/Member organizing committee/ Speaker/ Coordinator | | programme |
|----|--------------------------------|---|-----------------------|---|--|--|-----------|
| 1. | International Conference | Integrating traditional healing practices and with contemporary western | DRC | 8-9 th January, 2019 | Presented Keynote Address | | |
| 2. | International Conference | Integrating traditional healing practices and with contemporary western | DRC | 8-9 th January, 2019 | Chaired a session | | |
| 3. | Paper Presentation Competition | National Paper Presentation Competition | Lady Shri Ram College | 1 st March, 2019 | Judged the competition | | |
| 4. | Workshop | Vth Value Engagement Programme | DRC | 7 th Aug – 1 st Oct, 2019 | Resource Person | | |
| 5. | Workshop | IVth Value Engagement Programme | DRC | 7 th Aug – 11 th Sept, 2018 | Resource Person | | |
| 6. | Workshop | IIIrd Value Engagement Programme | DRC | 16 th -27 th Sept, 2017 | Resource Person | | |
| 7. | Workshop | Skill Development Programme | DRC | 3rd -15 th July, 2017 | Resource Person | | |
| 8. | Workshop | IInd Value Engagement Programme | DRC | 17 th Aug-18 th Oct, 2016 | Resource Person | | |
| 9. | Workshop | Skill Development Programme | DRC | 9 th – 16 th June, 2015 | Resource Person | | |

Awards Won

| S.No | Name of Award | Awarding Agency | Government/ NGO/ International/Private | Recognition area | Date of award (DDMMYY) | Type of Honor received |
|------|--------------------------|---------------------------|--|------------------------|------------------------|-----------------------------|
| 1. | Best Poster Presentation | Indian Association of CBT | International Conference | Cognitive intervention | March, 2017 | 2 nd best poster |
| 2. | UGC-NET | UGC | Government | Psychology | June 2012 | |
| 3. | ICMR- JRF | ICMR | Government | Psychology | July 2012 | |

Extension Activity (Community related program)

| S.No | Type of Activity | Centre and Venue | Title of Event | Role in the event | Date/period of Event (DDMMYY) | No of members of the community/students /Faculty benefitted |
|------|------------------|------------------|----------------|-------------------|-------------------------------|---|
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Membership of Professional Bodies

| S.No | Type of Membership | Organisation | Year of Membership(Start Date) |
|------|--------------------|--------------------------------|--------------------------------|
| 1 | Member | National Academy of Psychology | October 2021 |
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